

TIR COED

Dec 2014 - Feb 2015

Welcome to this Winter edition of the Tir Coed newsletter. It has been a busy time for the charity and its social enterprise despite the short days and long nights.

- * Woodland activities have focused on management, with a lot of coppicing and thinning being undertaken, to increase the biodiversity and improve the health of the three VINE sites. Volunteers have shown their commitment to this work and learning about woodland conservation, by battling with icy winds, rain, and the occasional snow shower! Despite the cold weather volunteers have kept warm by working hard and have undertaken a great deal of work.
- * Hundreds of people turned out for the Tir Coed Birthday bash (Festive 15), which proved to be a real celebration. For pictures and a full description go to page 12.
- * Tir Coed and Ceredigion Museum's new product range 'Hadau' was launched at the beginning of February, with four exbeneficiaries (Graduates of Tir Coed) getting commissioned to make 36 products. Find out more on pages 10 & 11.
- * Unfortunately, it has been a sad time for Tir Coed, with us having to downsize the social enterprise due to a major reduction in funding. Tir Coed is now looking at redeveloping the business plan and diversifying into more service-based industries.
- * The Apprenticeship Project is also 'on hold', as the recent funding bid to Prince's Countryside Fund was unsuccessful. Competition was huge with 150 applications and only fourteen projects funded this round. Another bid will be submitted in April, so watch this space.

During all of this, the management staff have been developing new and exciting projects, with several interesting partnerships in the pipeline. Keep your fingers crossed for positive funding outcomes in the near future!

With winter on its way out, and spring regrowth on its way up, a new cycle begins, and this year brings with it lots of new opportunities for Tir Coed.

Happy Reading!







STOP PRESS Tir Coed's Festive Fifteen Anniversary celebration is a huge success See page 12 for details

STOP PRESS

Harvesting the
Knowledge Project
launches the
'Hadau'
product range at
Ceredigion Museum



See page 10 & 11 for detail

Inside this Newsletter

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Sustainable Woodland Management - January to March 2015

Activity Leader: Tony Eames
Support: Ben Allen
Sessions: 12
Total no. volunteers: 10
No. volunteer days: 70
No. volunteer hours: 414

Volunteers on the VINE Introduction to Coppicing and Coppice Products course have been learning how to survey, clear brash and fell small trees.

The participants are developing knowledge of the range of different methods of woodland management and their implications on promoting biodiversity.

Not only are the volunteers learning transferrable woodland management skills, they are making a sustainable, lasting impact within the Long Wood Community Woodland, by coppicing a coupe, as part of a seven-year rotation, and planting up a willow filtration system for a compost toilet. The group are also learning how to add value to coppiced wood by using green wood working skills to develop products, creating axe handles, mallets, chairs and a gate.

There has been positive feedback to the sessions with participants enjoying the experience of learning the practical skills involved in woodland management. Of the ten participants, seven are working towards Agored Cymru accreditation. The others have chosen not to pursue this certified recognition but will be able to apply the skills that they are learning during the course.

"Loads and loads I know North American and
Tropical woodlands, now I
know UK woodlands,
coppicing, tools and
maintenance.
I made my first chair!"

Feedback: Learnt "Learnt so much by talking within the group about woodland working"

"The woodland, instructors, other participants, subject material, weather, everything really!"

"How to make chairs and create a willow bed along with aspects of Health & Safety, plus how to benefit wildlife"

"Learning how to make things

and doing it ourselves"

"General knowledge about sustainable woodland management and producing things with wood"

"The opportunity to acquire a qualification"

Enjoyed

"Learning about filtration and planting willow. Have planted willow tunnel at home over weekend!"

"Everything; the social aspect as well as the learning"

"Tutors always willing to answer questions, have good knowledge and are focussed on Health & Safety"

"It's been worthwhile"









Shave Horse Making Course - 22 & 23 November 2015

Activity Leader:
Support:
Meinir Evans
Ben Allen
Sessions:
2
Total no. volunteers
No. volunteer hours:
72

These sessions were offered to provide skills for participants to learn how to make a shave horse. The course was promoted via the Tir Coed Facebook page and in the *Grapevine* (a local Transition-based newsletter covering

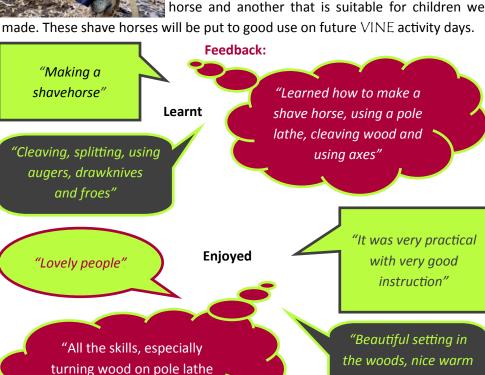
Lampeter and surrounding areas), along with direct mailing to all who

had registered an interest in green wood working.

All the participants became engaged with the activity and learnt how to use a shave horse and draw knife, and turn wood on the pole lathe, in the making of the component parts of the shave horse.

At the end of the two days, a new adult sized shave horse and another that is suitable for children were





the woods, nice warm fire and cups of tea"

"Thank-you for organising a lovely weekend with an excellent tutor"



Activity Leader Feedback

and using draw knife"

"Putting horse together -

Together!"

"I believe that the participants enjoyed the chance to try a variety of green-wood working techniques while working towards the common goal of producing two wonderful new shave-horses. All with fine weather and a warm fire.

All in all a very successful and enjoyable weekend."



Short Coppicing Course - 23 & 30 November 2015

Activity Leader: Tony Eames
Support: Anna Thomas
Sessions: 2
Total no. volunteers: 8
No. volunteer hours: 48

Feedback

"How to safely use tools, coppice small and larger trees and process into usable product" The course was offered as a short introduction to the traditional and sustainable woodland management method of coppicing.

There was very positive feedback to the sessions, with participants learning the techniques required for coppicing.

Some of the participants travelled 25 miles for the course as there was not a similar course offered closer to their homes.

Those showing competence on the course could become involved in the Coedwig Cymunedol Long Wood Community Woodland, community coppicing scheme.









"Understanding of how coppiced trees regenerate"

What did you enjoy?

What was learnt?

"Learning, producing, achieving" "More confident to go away and do this on my own"

"Being in the woods with friends and working in a low impact way"

"Nice atmosphere with good clear tuition"

"Chatting with others and using tools"

woods"

"It was great fun"

"Being out in the

Improvements?

"More women Leaders"

"Definitely"

Repeat?

"It was nice to see so many people willing to come out on a Sunday, at this time of year, all willing to learn new skills." Tony Eames, Tutor



Volunteering In the Natural Environment (VINE) - Llanfarian - Training Course 3

Woodland Management Course - January to April 2015

Activity Leader: Rob Smith
Support: Anna Thomas
Sessions: 12
Total no. volunteers: 12
No. volunteer days: 96
No. volunteer hours: 564

The proposed training course site in Coed Tyllwyd Wood was selected as it is in need of some care and attention.

The plan is that during this course, the participants will work in this area to bring the wood back into management.

So far, the participants have been working really effectively, and the woodland is improving visually as well as biologically.

The course has proved to be very popular, with a group of four people travelling from Bangor twice a week (sharing a car) to get to the course! There is certainly a demand for this type of training, and three people have already been added to a waiting list for similar courses in future.

The group is diverse in nature, all unemployed or under employed, but all have an interest in following a career in the woodland sector.

The participants are using the practical knowledge that they are gaining to help them develop skills and expertise which will then, hopefully give them a better chance of being able to pursue their desired career path.

The participants are supplementing the practical understanding they are gaining, by working on Agored Cymru units in Sustainable Woodland Management and Ancillary Structures. The participants are working on three different units, which will cover a broad range of woodland management skills.



Feedback

"I am gaining personal fitness, enjoyment of the woodland environment, and some basic woodwork skills which I can use at home, and potentially in a job"

"I appreciate the practical experience and mixing with people who have knowledge in this sort of environment.

I would like to learn more about the environment, and find my niche and role within it"



Llanfarian VINE - Special Activity Day

Christmas Decoration Collection day - 11 December 2014

Activity Leader: Jenny Dingle
Support: Polly Williams
Sessions: 1
Total no. volunteers
No. volunteer hours: 54

A group of volunteers, mainly from the Rathbone Centre in Aberystwyth, attended a session of natural Christmas decoration collection.

The Rathbone centre is a service that provides training opportunities for young people, and helps to develop skills so that individuals can progress to further education or employment



towards their chosen career path. The participants are given a range of opportunities to try new experiences, and aims to build confidence in their own abilities as well as offering transferable skills.

This activity day allowed the Rathbone participants to spend time with their mentors outside of the office environment, which in turn, helped to strengthen their working relationship.

The purpose of the day was to collect as many natural materials as could be found in Coed Tyllwyd, for making decorations to 'spruce up' the venue for Tir Coed's *Festive Fifteen* celebration.

The participants worked hard, and plenty of materials for creative natural decorations were collected.

Feedback:

"The group worked well, but as they were young, they did not wear appropriate clothing for being outdoors, and therefore got cold quickly and sometimes lost motivation"

However, four out of five participants rated the day with 5 stars, and the other with 4 stars and they were all inspired to do more activities with Tir Coed in the future.





Llanfarian VINE - Special Activity Day

Roundwood Shelter Build - final day - 28 November 2014

Jamie Miller Activity Leader: Support: Ray Miller Sessions: 12 Total no. volunteers No. volunteer hours: 33

There were a few 'final touches' required in order to complete the Coed Tyllwyd Volunteer Shelter build project. These included securing the weatherboarding on the roof, and adding extra detail to the structure.

The group of participants, all from Rathbone Aberystwyth, who had previously been working on

the structure during a VINE Training Course, returned for one extra day to ensure its completion. This was the culmination of a programme set out to enable these individuals to gain skills and training through alternative methods of engagement.

The session was very positive, with the participants having thoroughly enjoyed the training course, and were both sad and yet proud to see it finished.

Feedback:

The feedback from Rathbone was very positive, with all the participants thoroughly enjoying the course. All were willing to participate in another one if













Coleg Ceredigion woodland management - 8, 15,22 & 29 January, 2015

Activity Leader: Gavin Doram
Support: Polly Williams
Sessions: 4
Total no. volunteers 8
No. volunteer hours: 48



A series of four practical woodland management sessions were arranged in Coed Tyllwyd, for a group of Countryside Management students from Coleg Ceredigion. The plan was for the group to experience 'hands on', a range of tasks that would, in turn develop their knowledge, understanding and skills in the woodland environment. The work included improvements to an access path and creation of a fence around Tir Coed's recently constructed Volunteer Shelter.

The group sourced all the wood for the fencing project from within the woodland, either by felling it themselves, or using timber that had been previously extracted by other groups. They used traditional



hand tools to make the posts, and learnt a variety of skills and techniques which they were able to practice individually. These included how to use:

- a froe to split wood by cleaving
- · chisels and mallets to make mortise and tenon joints
- axes to sharpen the ends of fence posts
- a post hole digger to create a correctly sized hole

The group found out about the different properties of a variety of species of trees, and discovered the most suitable for constructing ancillary structures in the woodland. The group discovered which wood was most durable, and used this for the upright posts, and identified which was easiest for cleaving, to use for the rails. A number of fence posts and rails were prepared and installed to complete the task.

The team of young adults were very committed, and managed to accomplish plenty of work each day. A good working relationship was developed with the activity leaders and with expert tuition, individuals gained useful knowledge and understanding of the woodland. They enjoyed working hard and formed a very productive unit, soon becoming aware of the associated benefits of the physical exercise. Visual improvements to the site were quickly noticeable, and this gave individuals a real sense of achievement from the start, boosting confidence and motivation.

Even though weather conditions were at times challenging, the group's enthusiasm did not dampen, but the volunteer shelter certainly came in to its own, providing respite from the poor conditions! Due to the hard work of this group, there is now a much improved path providing an alternative route which avoids a set of steep steps. It is hoped that the experience will benefit these students, improving their prospects of progressing into countryside or woodland related careers.



"It was enjoyable and I learned some new skills!"
"I enjoyed being busy all day, and learning new things"





Volunteering In the Natural Environment (VINE) - Llanidloes - Training Course 3

Sustainable Woodland Management - January to April 2015

Activity Leader: Colin Titley
Support: Dave Thomas
Sessions: 12
Total no. volunteers: 12
No. volunteer days: 60
No. volunteer hours: 360

Two areas of Allt Goch Wood were identified as the main focus for this training course. One is in need of thinning and

the other is to be brought back into coppice rotation. The plan is for the participants to work at bringing these areas back into a sustainable management regime.

The group has gelled well, all having an interest in following a career in the woodland sector, and individuals appear to be keen to learn as much as they can about the processes involved. Participants have been learning how to recognise health and safety issues, assess and manage risk, identify fauna and flora and function independently or as part of a work unit in the woodland environment. The group are beginning to develop greater understanding of symbiotic processes in woodland systems, as well as coppicing and species management,





all under the expert and watchful eyes of Colin Titley and Dave Thomas. Individuals are constantly questioning the activity leaders to develop their own knowledge, understanding and skills, and when questioned all can prove that they have learnt a great deal already. Their exceptional enthusiasm, motivation and commitment has created a really efficient working team, and they have visibly improved

these areas of woodland as a result, whilst also helping to increase and enrich the future biodiversity of the sites.

The participants have the opportunity to support their practical learning with Agored Cymru certification. Units covering Sustainable Woodland Management







and Practical Conservation at Level 1 & 2 will be completed by those who wish to gain recognition for the work done, helping to enhance their experience and boost prospects post course. Two individuals have

already been inspired to progress onto further education and employment.

Keep up the good work guys.







Harvesting the Knowledge Project: Update

Participants Engaged: 3 15 Workshops: 36 Items made: Items sold: 8 Income for craftspeople: £875 Launch Attendees: 60+ 2,000 Museum visitors per month:

exciting This progression route for Tir Coed participants traditional results in greenwood crafts made locally museum being sold in the Ceredigion Museum; engaging talented





makers with a passion for woodcrafts that are lacking the

entrepreneurial skills to make their passion commercial. The project has been funded by the Happy Museum initiative, which aims to strengthen the links between culture and wellbeing.

Since our last update the products have been launched and the brand new range of high quality sustainable kitchenware includes spoons, bowls, plates, chopping boards and rolling pins, which can now be found in the Ceredigion Museum shop.

Hadau Product Launch

The bustling product launch, on Saturday 7 February 2015 at Ceredigion Museum, saw 60+ people through the door including local MP Mark Williams, engaging locals in the background of the project and the history of the trade. Ffion Farnell, Director of Tir Coed and Alice Briggs, Assistant Curator of Ceredigion Museum,

both gave informative talks on how the organisations respectively, and the community as whole, can benefit from this kind of project. The display created for the launch remains, and acts as a historical link between the products on sale and the museum's collection. The museum has approximately 2,000 visitors per month, all of whom will have direct contact with this history of the trade as well as information on the project and making process.

Evaluation and Future work

The 36 items in the range were purchased by the museum for a total cost of £875, which has gone directly to 3 local craftspeople. The risk of sales is therefore removed from the craftspeople, and a small amount will go back to the Museum to cover the costs of promotion as and when the items are sold. A total of 8 items have been sold already, creating over £150 for the craftspeople so far.

Tir Coed intends to continue developing this project and similar avenues for marketing local trades and crafts. From market research and round one of sales, there is a clear demand both for the products and the platform to sell them. With this in mind, research is currently being conducted to explore new outlets for sales in and around Ceredigion, and to develop an online shop to increase potential buyers. With this comes the intention to expand the number of participants on the programme to provide more work for talented craftspeople throughout Ceredigion.



Harvesting the Knowledge Project: Update contd.











Participant Feedback

"I feel the project has been instrumental in helping me take my craft more seriously and the realisation that I could potentially make a living from something I love doing"

"It has really boosted my confidence and has inspired me to begin to develop what was a hobby into a viable business"

"Ceredigion Museum and Tir Coed have provided us with a valuable opportunity which could really help

to make a difference for our futures, not just for us as craft makers, but also for the wider community and sustainable local crafts"









Public Response to Launch

"I remember using a ffiol (old Welsh word for cawl bowl) like this when I was a child, I've since been on the lookout for something similar and it's so great to find one that's made locally"

"Understanding the process and hearing the story behind each person is such a valuable addition to an already beautiful object"

Contact: htkcoordinator@gmail.com 01970 633 088/01970 636 909 www.harvestingtheknowledge.tumblr.com www.museum.ceredigion.gov.uk www.tircoed.org.uk





Events



TIR COED

Festive Fifteen

Supported by:



ARIENNIR GAN Y LOTERI LOTTERY FUNDED Over 200 people came to enjoy the Festive 15th Anniversary of Tir Coed, which was enjoyed by all. The rugby club was transformed into a winter wonderland full of magical beings like Sion Corn in his hand-made wooden grotto, the wishing tree and the Winter Tree Fairy who sat in her cosy wintery cove telling stories. Lots of beautiful and local hand-made crafts were on sale and there were plenty of opportunities to get creative in the festive workshops; wreath making, printed Xmas cards, natural Xmas decorations.

Music was also a big part of the day with performances from *Declan* on acoustic guitar, Christmas carols and other harmonious songs from Borth choir *Côr Y Gors* and the traditional Celtic band *Whiskey before breakfast* in the evening. The event finished with a traditional Twmpath and Xmas nibbles - with raffle prizes drawn.

Thanks to everyone who came and got involved.







THE WOODWARD CHARITABLE TRUST



The Oakdale Trust



Llanidloes Town Council



Staffing

New Project Officer – Llanidloes

After a busy and successful year in Llanidloes Stephanie Butler, who initiated the VINE project at Allt Goch woodlands in Llanidloes, has moved on to pastures new. Steph worked hard to facilitate and promote a variety of woodland activities to a wide range of groups and individuals, and coordinated many beneficial improvements in the woodland. We wish her every success in her future career.

We are very pleased to welcome Martin Cope to the fold. Martin joined the team in January 2015 and has been busily engaging with new groups who can benefit from the woodland environment ever since.

A special thanks goes to Geraint Blayney, Llanfarian Project Officer, who stepped in during the interim period to keep things ticking over in Llanidloes whilst we recruited a new officer.

I am very excited to be appointed as the new Project Officer for the Llanidloes VINE project. As I have lived locally all my life, this was a wonderful opportunity for me to engage in development work within my community. Since 2007 I have owned and directed a specialist therapy and psychology business called Hiraeth Services Ltd. I have always had a passion for developing the outdoors as a natural learning environment and as spaces to nurture human development, both as a woodland owner and as a registered health professional (Dramatherapy).

Since I began the project officer role, I have already delighted in re-engaging with local friends and colleagues, organisations, businesses, groups, schools and individual community members within my home environment. The Tir Coed team is also so warm, friendly and professional and I feel genuinely part of something great.

Tir Coed's ethos of promoting human development whilst simultaneously fostering ecological development, specifically within woodland environments, is admirable and one that matches my own passion. What a gift of a job and what a great opportunity to engage in my own learning process, from the angle of sustainable woodland development and woodland-based activities. There may even be room for the odd dramatic performance – we'll have to wait and see?

Building House

Tir Coed Director, Ffion Farnell is helping prove that Wales could be making much more use out of its woods by building a roundwood timber framed house in her home village. All of the timber involved with the frame is coming from Ceredigion and is creating local work in the process. Tŷ Pren, a local cooperative which is made up of Tir Coed freelance tutors and support staff, has been contracted to build the frame. Two of the staff are Tir Coed Graduates who were introduced to woodland skills by Tir Coed (many moons ago!) and now make their living from it. Jamie Miller, founder of Tŷ Pren, has been able to hone his skills in timber framing over the past 8 years of working for Tir Coed on a variety of social forestry projects, and has now developed the successful cooperative Tŷ Pren.

This highlights both the vast opportunities to make more use of our natural resources, and the success of the Tir Coed model in developing skills and creating employment for beneficiaries and freelance workers alike!









Update









The depths of winter are always a bit of trial when you're working in the woods especially when all you have is a shelter without any walls! It's always a relief to say goodbye to the heat and humidity of the summer, not to mention the midges, and it's always good to be able to start felling in the crisp autumn sunshine. However, as the nights draw in and the rain starts to sting with cold and the tracks dissolve into mud, you know you are in for a long hard slog through the winter. Winter always seems to have a sting in the tail, not releasing its grip until well

into March.

Against this backdrop, our long-suffering site staff and volunteers have cheerfully carried on stomping through the mud delivering stunning pieces of play equipment and public seating and structures.

Products



November and December saw the design and production of a Santa's Grotto, constructed by volunteers on a timber frame building course. The Grotto eventually got used for Tir Coed's *Festive Fifteen* celebrations at Aberystwyth rugby club. The grotto was fully weather tight during an evening of persistent rain, and at the end was auctioned off to the highest bidder. The Grotto eventually found its new home in Eluned's (our new Finance Manager) garden.

The innovative play tower designed

to meet the exact needs of Aberarth Community Council was eventually completed in January after a protracted build lasting nearly 4 months, due to design changes and negotiations on site. It is quite unique, combining a sloping ramp, a climbing feature, a den, a slide, a tunnel, a secret entrance and a lookout platform. We are very proud of this one.





WiseWoods also designed and installed a firewood shelter and bike shed at Denmark Farm Conservation Centre, which was very much in keeping with the structure of the new Eco-cabins. There were also chunky benches for *Keep Wales Tidy* in Brynhoffnant School and Aberaeron School and a

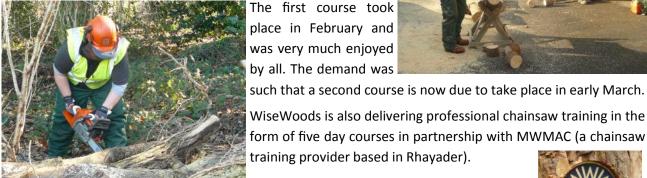
Giant's bench, a local customer bought as a fiftieth birthday surprise for her husband.

Recently, we have been working in partnership with Ceredigion County Council and the *Tidy Towns Project* to carry out a project in a local woodland in Aberystwyth. We have installed many sympathetic play features designed to fit in with the needs of local children and also with Forest School activities. This project is due to be finished by the end of March.



Courses

The new Aberystwyth Ego magazine did a feature on WiseWoods and in turn we offered Ego readers discount vouchers for a one day Chainsaw course for Domestic Users.



The first course took place in February and was very much enjoyed by all. The demand was



such that a second course is now due to take place in early March. WiseWoods is also delivering professional chainsaw training in the

training provider based in Rhayader).

Staffing

Against the backdrop of all of this activity, the WiseWoods management was well aware that funding was becoming tighter and that changes needed to be made to boost profitability should funding bids be unsuccessful.

At the time of writing this report, it is with great sadness that we have had to make Tony, Mark and Zoe redundant and have been unable to continue Pat's employment following the end of his Jobs Growth Wales placement. This has been due to a major reduction in funding and the completion of a large contract.

Tony has been with WiseWoods from the very beginning and Mark also joined very early on. These two have been the engine room driving everything WiseWoods has managed to produce. We are very grateful for everything they have done for WiseWoods. Zoe has done fantastic work developing the WiseWoods website and social media presence, as well as initiating our marketing effort. We also mustn't forget to thank all of our many enthusiastic volunteers who have given freely of their time and have worked under Mark and Tony's direction. The Tir Coed and WiseWoods Wales Trustees, Directors and staff would like to thank them and wish them all the very best for the future.

The Future

WiseWoods is now looking at diversifying its model and working more closely with the charity. Working with volunteers and developing commercial training opportunities will be key to the next phase of WiseWoods.

In these difficult times, when major reductions in funding for third sector organisations is causing many to shut down, the close working relationship of Tir Coed and WiseWoods should help both organisations be more resilient.



Open Days, Activity Days & Training Courses



Forthcoming Events

TIR COED

| Long Wood Community Woodland Lampeter | | Coed Tyllwyd Llanfarian | | | Coed Allt Goch Llanidloes | |
|--|---------------------------------------|----------------------------|------|----------------|------------------------------|--|
| Site | Event | Туре | Day | Date | Time | Details |
| Lampeter | Bird Song Walk | Activity Day | Tues | 31 March | 9-12 | Discover the wonders of birdsong with Ian Morris. Meet at Visitor Centre. Limited places available |
| | Forest School for 8-12 yr olds | Activity Days | Wed | 08 April | 10-3 | Bushcraft, shelter building, dreamcatchers and more Meet at Visitor Centre Limited places available |
| | Practical Conservation Skills | Training Course | ТВС | May - July | 10-4 | Develop practical skills whilst improving the woodland. Agored Cymru Accreditation available. Limited places |
| Llanfarian | Summer Half Term Forest School | Activity Days | твс | 25-29 May | 10-3 | Forest school activities in Coed Tyllwyd Call to book your place |
| | Biodiversity Monitoring | Activity Day | Fri | 08 May | 10am | Studying biodiversity in Coed Tyllwyd. Meet at car park in the wood |
| Llanidloes | Arts, Crafts & Woodland Activities | Open Day | Sat | 09 May | 1-4 | Fun woodland-based activities for all the family. Meet at living willow sculpture by turning circle |
| | Woodland Skills | Training Course | ТВС | Summer 2015 | 10-4 | Open to individuals who wish to gain Agored Cymru accreditation in woodland skills Limited places |
| Elan Valley | Elan Easter Eggstravaganza | Open Day | Sat | 04 April | 11-4 | Easter fun activities for all the family. Elan Valley Visitor Centre, Rhayader |

If you need any further information or wish book a place on any of the activities, please contact: Lampeter VINE Project Officer - Meinir Evans, 07476 880 699, lampeter@tircoed.org.uk Llanfarian VINE Project Officer - Geraint Blayney, 07476 949982, llanfarian@tircoed.org.uk Llanidloes VINE Project Officer - Martin Cope, 07476 899544, llanidloes@tircoed.org.uk Director - Ffion Farnell, 01970 636909, director@tircoed.org.uk www.tircoed.org.uk or Tir Coed Facebook page

